

Did you know that your local pharmacist can give you **confidential advice and treatment** on minor illnesses?

Really? I just thought a pharmacy was where I picked up my prescriptions?

Yes, they do give out prescriptions but they can also give you advice about how to manage minor illnesses including:

- coughs, colds and sore throat
- minor skin conditions and acne
- athlete's foot
- styes and minor eye infections
- head lice
- pain, including backache
- cold sores
- diarrhoea / constipation
- colic
- thrush
- hayfever.

Great! but what if I think it's something more serious?

Ask your pharmacist for advice and they will be able to advise you on the most suitable action for you to take.

Pharmacists provide many other services including:

- NHS emergency hormonal contraception
- Travel health advice
- Healthy living advice
- Advice about prescription medicines

